

Community Resources Broome & Tioga Counties

In life-threatening emergencies, dial 9-1-1.

If you have questions or don't know where to start,
dial: 2-1-1 or 1-800-901-2180

Text your zip code to 898211 Mon-Fri 9AM to 4PM

To help you find what you're looking for, here are some not-for-profit community resources that may provide helpful services which may meet your need.

ABUSE See: "Protective Services"

ALCOHOL/DRUG ABUSE

AA	722-5983
Al-Anon/Alateen	722-0889
Addiction Ctr (ACBC)	723-7308
Addictions Crisis Ctr Fairview	772-4080
Alcohol & Drug Abuse Svcs - Tioga	687-4000
Alcohol/Drug Crisis Line UHS	762-2257
Clearbrook Treatment Center	1-877-721-5585
Drug Abuse Treatment Southern Tier	762-2257
Fairview Recovery Svcs	722-4080
Narcotics Anon	762-9116
New Horizons (UHS)	762-3232
Salvation Army Adult Rehab Ctr	723-5381
Tioga County Open Door Mission	687-1121
Tioga County Substance Abuse Svcs	687-4000

ASSESSMENT

Broome County Office for Aging	778-2411
CASA (Long Term Care)	778-2420
Children's Home of Wyoming Conf	772-6904
Early Childhood Direction Ctr	724-2111
Greater Binghamton Health Ctr (Child/Adult)	773-4061
HCA (previously Handicapped Children's Assn)	798-7117
High Risk Birth Clinic	729-1295
Tioga County Mental Health Svc	687-4000
UHS Crisis Ctr Psychiatric Emergency	762-2302 or 1-800-451-0560

CHILD CARE INFORMATION & REFERRAL

Family Enrichment Network - Broome	1-800-281-8741
- Tioga site	687-6721 ext 1186

CIVIL RIGHTS/HUMAN RIGHTS

NYS Attorney General	251-2770
NYS Human Rights Division	721-8467

CLOTHING BANKS/THRIFT SHOPS

For complete area listings. . . . Dial 2-1-1 or 1-800-901-2180

CONSUMER PROTECTION

Better Business Bureau	1-800-828-5000
Consumer Product Safety - U.S.	1-800-638-2772
Food & Drug Administration	773-2752
NYPIRG (Public Interest Research Group)	777-4971
NYS Attorney General	251-2770
NYS Public Service Commission Helpline	1-800-342-3377
Small Claims Court - Binghamton	772-7006

COUNSELING

Binghamton Univ. Psychological Clinic	777-2103
Catholic Charities	729-9166
Community Treatment & Recovery Ctr	797-0680
Family & Children's Society	729-6206
Greater Binghamton Health Ctr	773-4061
Mental Health Dept - Tioga	687-8400
Lourdes Center for Mental Health	584-4465
Psychological Clinic (B.U school year)	777-2103
Samaritan Counseling Ctr-Broome/Tioga	754-2660
UHS Outpatient Mental Health Clinic	762-2340
Tioga County Dept of Mental Hygiene	687-4000

DISABILITIES

ACCES-VR (previously VESID)	721-8400 or 1-800-888-5010
ACHIEVE (previously ARC)	723-8361
AVRE (Assn for Vision Rehab)	724-2428
BOCES (Broome/Tioga)	763-3300
Brain Injury Assn of NYS	1-800-444-6443
Broome Developmental Svcs Broome	770-0211
Broome Developmental Svcs Tioga	273-0811
Early Childhood Direction Ctr	724-2111
HCA (Helping Celebrate Abilities)	798-7117
High Risk Birth Clinic	729-1295
Social Security Administration	1-866-964-3971
Southern Tier Independence Ctr	724-2111
VESID	See: ACCES-VR

DISASTER SERVICES

American Red Cross - Southern Tier (fire/flood)	785-7207
2-1-1	Dial 2-1-1 or 1-800-901-2180
Emergency Svcs - Broome	778-2170
Emergency Svcs - Tioga	687-1010
Salvation Army - Broome	722-2987
Tioga County Open Door Mission	687-1121

DOMESTIC VIOLENCE

A New Hope Center - Tioga	687-6866 or 1-800-696-7600
All Women's Help Center	See: Life Choices Center
Crime Victims Assistance - Broome	722-4256
Domestic Violence - NYS	1-800-695-0390
Life Choices Center	205-8506 or 723-3342
National Domestic Violence Hotline	1-800-799-7233
Rise (Domestic Violence)	754-4340

ELDER SERVICES See "Senior/Elder Services"

EMPLOYMENT

Workforce NY - Broome site	778-2136
Workforce NY - Tioga site	687-8500
Unemployment Claims	1-888-209-8124

FAMILY PLANNING SERVICES

Family Planning of South Central NY	723-8306
Family Planning Svcs - Broome site	723-5130
Family Planning Svcs - Tioga Opportunities	687-5333
Genetic Counseling - Ferre Institute	724-4308
Planned Parenthood (See: Family Planning of South Central NY)	

FOOD ASSISTANCE

CHOW **Broome County only** - requires referral:
2-1-1 (Dial 2-1-1 or 1-800-901-2180)

Independent Pantry/Community Meal information, call:
2-1-1 (Dial 2-1-1 or 1-800-901-2180)

Food Bank of Southern Tier - Mobile	796-6061
SNAP/Food Stamps - Family Enrichment Network	723-8313 x827
SNAP/Food Stamps - Broome	778-3772
SNAP/Food Stamps - Tioga	687-8300
SNAP/Food Stamps - Tioga Catholic Charities	414-1023
Meals-on-Wheels - Binghamton	778-2411
Meals-on-Wheels - Western Broome	754-7856
Meals-on-Wheels - Owego	687-4120 x324
Office for Aging - Broome Senior Meal Sites	778-2411
Office for Aging - Tioga Senior Meal Sites	687-4120
Tioga County Open Door Mission	687-1121
Tioga County Rural Ministry - Tioga	687-3021
Salvation Army - Broome	722-2987
WIC (Women/Infants/Children Nutrition Program)	
Broome County	778-2881
Tioga County	687-3147

HEAD START

Family Enrichment Network - Broome/Chenango/Tioga	723-8313 ext 822
Opportunities for Broome	772-6810

HEALTH CARE - MEDICAL SERVICES - DENTAL CARE

Dental Care Services (UHS)	762-2005
Dental Care Services (Lourdes)	584-4545
Dental Clinics - Accepts Medicaid	
Binghamton Dental	722-5555
Cortland Dental	753-9361
Tier Family Dental	778-1400
Wilson Dental	217-7123
Windsor Dental	655-2141

Dr. Garabed Fattal Free Clinic . . . 772-3519 **voice mail**

Family Planning of South Central NY	723-8306
Health Dept - Broome	778-3930
Health Dept - Tioga	687-8600
Tioga Smiles Mobile Dental Clinic	972-7552
Walk-in Clinics	
Lourdes	

276-280 Robinson Street, Binghamton	771-7234
415 East Main Street, Endicott	786-1801
500 5th Avenue, Owego	972-2335
3101 Shippers Road, Vestal	251-2180
17 Chenango Bridge Road, Binghamton	763-8520

UHS

91 Chenango Bridge Rd Chenango Bridge	648-4151
1302 E Main St Endicott	754-7171
4417 Vestal Parkway East Vestal	729-2144

HEALTH INSURANCE MARKETPLACE

Mothers & Babies (health insurance assistance)	1-800-231-0744
MEDICAID - Broome	778-1100 ext 4
MEDICAID - Tioga	687-8300
MEDICARE	1-800-633-4227

HOME HEALTH/LONG-TERM CARE

Health Dept - Broome	778-3930
Health Dept - Tioga	687-4120 x 331
Hospice East - Broome	798-5692
Hospice West - Tioga	687-0682
Caregiver Resource Centers	
Office for Aging - Broome	778-2411
Office for Aging - Tioga	687-4120
NY Connects - Broome Long Term Care Access	778-2278
NY Connects - Tioga Long Term Care Access	687-4120

HOMELESSNESS/EMERGENCY SHELTERS

A New Hope Center (Domestic Violence)	687-6866 or 1-800-696-7600
Catholic Charities TTLP (Youth)	584-7800 ext 490
Dept of Social Svcs - Broome	778-2504
Dept of Social Svcs - Tioga	687-8300
Red Cross (fire/flood victims)	785-7207
Rise NY (previously SOS Shelter - Domestic Violence)	754-4340
Salvation Army Adult Rehab	723-5381
SOS Shelter (Domestic Violence)	See Rise NY
Tioga County Open Door Mission	687-1121
Volunteers of America	772-1156
The Y (YMCA) - men	772-0560
YWCA - women	772-0340

HOUSING /RENT/MORTGAGE

Binghamton Housing Authority (HUD)723-9491
First Ward Action Council. 772-2850
Metro Interfaith Housing 772-6766
Opportunities for Broome 723-6493
SEPP Housing 723-8989
Tioga Opportunities 687-0707
Town of Union (HUD). 786-2985

INFORMATION & REFERRAL

2-1-1Dial 2-1-1 or 1-800-901-2180
Or text your zip code to 898211 Mon-Fri 9AM to 4PM

LEGAL SERVICES

ACCORD (*Dispute Resolution*)
Broome 724-5153
Tioga 687-8222
Bar Assn (*Lawyer Referral*)
Broome 723-6331
Tioga 1-800-342-3661
Legal Aid-Mid State (Broome) 231-5900
Law NY (*Tioga*) 273-3667 or 1-800-724-4170

PARENTING

ACBC Healthy Parenting 723-7308
Catholic Social Services - *PPA Program* 231-0726
Cornell Cooperative Ext - Broome 584-5018
Cornell Cooperative Ext - Tioga 687-4020 ext 305
Family & Children's Society. 729-6206
Kinship Care (raising someone's child) 723-8313 ext 831
Mothers & Babies Perinatal Network. 772-0517 or 1-800-231-0744
PACT - Binghamton School District 762-8197
PACT - Broome not Binghamton. 584-4570
PACT - Tioga County 687-6145

See also: "Headstart"

PARENT RESOURCE CENTERS

PAL Family Resource Ctr 771-6334

PHYSICIAN REFERRAL

Medical Society 772-8493
Lourdes Hospital 1-877-956-8733
UHS Nurse Direct. 763-5555 or 1-800-295-8088

PREGNANCY

Birthright 798-7661
Broome County Social Svcs Prenatal Care. 778-2681
Catholic Social Svcs (*PPA*). 231-0726
Family & Children's Society - Broome. 729-6206
- Tioga. 687-3540
Family Planning of South Central NY 723-8306
Life Choices Center 205-8506 or 723-3342
Lourdes Hospital Prenatal Care. 798-8058
Mothers & Babies Perinatal Network. 772-0517 or 1-800-231-0744
Planned Parenthood (*See: Family Planning of South Central NY*)
Tioga County Health Dept 687-8600
UHS Women's Health Center 763-6101

PROTECTIVE SERVICES

A New Hope Center 1-800-696-7600
Abused/Neglected Children (NYS). 1-800-342-3720
Adult Protective - Broome 778-2635
Adult Protective - Tioga 687-8300
Child Protective - Broome 778-2647
Child Protective - Tioga 687-8355
Crime Victims Assistance - Broome 722-4256
Rise (Domestic Violence) 754-4340

RAPE VICTIMS 24-HR HOTLINE

A New Hope Center - Tioga 687-6866 or 1-800-696-7600
Crime Victims Assistance - Broome 722-4256
Life Choices Center 205-8506 or 723-3342
Nat'l Sexual Assault Hotline 1-800-656-4673

SELF-HELP SUPPORT GROUPS

For a current listing, call 2-1-1 or 1-800-901-2180

SENIOR /ELDER SERVICES

Action for Older Persons. 722-1251
CASA 778-2420
Faith in Action (Broome County) 724-9130 x312
Family & Children's Society - Broome 729-6206
Family & Children's Society - Tioga. 687-3540
Office for Aging - Broome. 778-2411
Office for Aging -Tioga Opportunities 687-4120
Senior Helpline - NYS. 1-800-342-9871
Tioga County Rural Ministry 687-3021

SEXUALITY

Family Planning of South Central NY 723-8306
Southern Tier AIDS Helpline. 1-800-333-0892
See also: "AIDS/HIV"; "Family Planning"; "Pregnancy"

SUBSTANCE ABUSE

See: "Alcohol/Drug Abuse"

SUICIDE PREVENTION & CRISIS COUNSELING

A New Hope Center - Tioga. 1-800-696-7600
Boys Town (*Youth/Families*) 1-800-448-3000
Crime Victims Assistance Crisis Line. 722-4256
Crisis Center Psychiatric Emergency - Mental Health Hotline
. 762-2302 or 1-800-451-0560
Nat'l Runaway Switchboard 1-800-RUNAWAY
Nat'l Suicide Prevention Lifeline. 1-800-273-8255
Nineline 1-800-999-9999
Rise (*Domestic Violence*) 754-4340
SOS Shelter See Rise
Youth Crisis Hotline 1-800-448-4663
See also: "Youth Counseling"

TRANSPORTATION

Get There (*Broome/Tioga Mobility Project*). . . 1-855-373-4040
Medicaid Transportation - Broome 1-855-852-3294
Tioga 1-855-733-9398

UTILITIES

HEAP Home Energy Assistance Program
Dept of Social Svcs - Broome 778-2638
Office for Aging - Broome 778-2063
Dept of Social Svcs - Tioga 687-8300
HeartShare
Tioga Opportunities 687-4222
NYSEG Consumer Advocate. 1-888-315-1755

VOLUNTEERISM

2-1-1. 2-1-1 or 1-800-901-2180
Faith in Action (Broome County) 724-9130 x312
RSVP (Broome County) 729-9166
United Way of Broome County. 240-2000

VOTER REGISTRATION

Board of Elections - Broome. 778-2172
-Tioga 687-8261
League of Women Voters. 834-0127

YOUTH COUNSELING

Boys Town (*Phone counseling*) 1-800-448-3000
Gateway Center for Youth. 584-7800 ext 450
Lourdes Center for Mental Health 584-4465
Nat'l Runaway Safeline. 1-800-786-2929
Nineline 1-800-999-9999
Youth Crisis HOPELINE 1-800-SUICIDE or 1-800-784-2433
See also: "Suicide Prevention"

11/16/2018

**COMMUNITY
RESOURCES**
Broome & Tioga Counties

Susquehanna River Region 
2-1-1TM
Get Connected. Get Answers.

**Information & Referral
Service**

Bringing people and services together

Dial 2-1-1
or 1-800-901-2180

www.helpme211.org



**Text your zip code to
898211**