

## FOOD RESOURCES-TIOGA COUNTY

Bread of Life Food Pantry	1 Water St	Candor	Wed 3pm-5:30pm	607-972-9539
Community Food Cupboard	91 Orchard St	Spencer	2nd and 4th Thu 9am-10:30am(Emergencies Contact Donna at 607-425-9294)	607-425-9294
Food Pantry - Catholic Charities	932 W River Rd	Nichols	Tue-Fri 9am-3pm (Closed Noon-1pm)	607-414-1023
Food Pantry -Salvation Army	351 Fulton St	Sayre	Mon, Tue and Thu 9am-11:30am; 1st Mon 4pm-6pm and last Sat 9am-11am; or by appointment.	570-888-2153
Food Pantry - St. Anthony	906 Jenkins St.	Endicott	Tue 10am-11:45am and 5:30pm-6:45pm Thu 10am-11:45am	607-429-0041
Food Pantry - STAP	22 Riverside Dr	Binghamton	Thu 10am-5pm	607-798-1706
Food Pantry - TCRM	146 Central Ave Ste 2	Owego	Mon-Thu 10am-4pm, Fri 10am-1pm	607-687-3021
Helping Hands Food Pantry	11 Jewett Hill Rd	Berkshire	Mon 6:30pm-7:30pm, Thu 2pm-4pm	607-657-2501
Lockwood Food Pantry	95 Church St	Lockwood	3rd Fri 10am-1pm	607-687-1121
Project Neighbor Food Pantry	79 Whig St	Newark Valley	Tue, Thu 3pm-4pm, Wed 6pm-7pm	607-642-3339
Outreach Services - Open Door Mission	425 North Ave	Owego	Mon-Wed 10am-4:30pm (Closed Noon-1pm), Sat 10am-Noon	607-687-1121 x 1
Park Terrace Food Pantry	30 Glann Rd	Apalachin	Sat 11am-1pm	607-625-4134
Soup Kitchen - Salvation Army	351 Fulton St	Sayre	Breakfast: Tue 8:30am-10am Dinner: 1st Monday of the month from 4pm-5pm	570-888-2153
Valley Food Pantry - The Bridge	418 Waverly St	Waverly	Mon, Tue, Thu, and Fri 10am-Noon; Tue and Wed 2pm-4pm; and 3rd Sat 10am-Noon	607-565-8718

11/19/25